



ABSTRACT

National Rural Health Mission – State Health Society, Tamil Nadu – Child Health-Establishment of Nutrition Rehabilitation Centre in the Government Medical College Hospital, Dharmapuri and District Head Quarters Hospital, Perambalur on Pilot basis - orders - Issued.

Health and Family Welfare (EAP-II-2) Department

G.O. (Ms) No.349

Dated 19.12.2012

Thiruvallurvar Aandu -2043

Margazi-4

Read.

✓ From the Mission Director, State Health Society, letter No.5789/P5 /
SHS/12, dated . 31.7.2012

ORDER:

The Mission Director, State Health Society in his letter read above has stated that in Tamil Nadu, as revealed by the recent National Survey (NFHS-3, 2005-06), mild to moderate malnutrition burden in children under three years of age is 29 %. It can be a direct or indirect cause of child morbidity, thereby increasing the case fatality rate in children suffering from such common illnesses as diarrhea and pneumonia. The risk of death in these children is 5-20 times higher compared to well-nourished children. These mild and moderate forms of malnutrition in the absence of any minor or major illness among children is being addressed through Anganwadi centres, by supporting mothers to ensure service utilization and appropriate feeding and care practices at the household level. Under NRHM, various strategies like general IMNCI, Home based new born care by ASHA, appointment of one Staff nurse as Nutrition counselor in each SNCU for follow up of new born discharged, follow up of high risk infants and under 5 children, strengthening of VHN days etc., are being implemented in phased manner. However, unless the nutritional status of the malnourished children is improved response to clinical interventions are relatively slow and difficult to sustain. With the goals to reach under 5 mortality rate of 11 by 2017 from the existing 27 (SRS 2010) and IMR of 9 by 2017 from the current 24 (SRS 2010), piloting the concept of Nutrition Rehabilitation Centre (NRC) in two relatively high IMR districts of the state based on the State HMIS data in the Districts of Dharmapuri and Perambalur was approved by the Governing Body and included in PIP 2012 -13.

2. The Mission Director has also stated that the proposal towards establishment of one Nutrition Rehabilitation Centre (NRC) each at the Medical College Hospital at Dharmapuri District and District Head Quarters Hospital of Perambalur District has been approved by NPCC of NRHM @ Rs 43.81 lakhs as detailed below:

Sl. No	Activity Component	(₹ in Lakhs)		
		Non recurring	Recurring	Total
1.	One time cost for establishing new NRC at Dharmapuri Medical College Hospital and Perambalur District Head Quarters Hospital (Rs 2 Lakh x 2 centre)	4		4 X 2
2.	Operational cost for 2 new NRCs @ Rs 3.9 lakhs / centre		7.8	7.8
3.	Manpower			
i.	** One MO / NRC Rs 38,000 / month x 2 NRC x 6 months		0	0
ii.	Four Staff Nurses for each of the NRC = 8 Staff nurses x Rs 7000/ month for 6 months		3.36	*2.86 (85% of cost proposed)
iii.	Nutrition Counselor = Rs 15000/ month for 6 months x 2 NRCs		1.8	*1.53
iv.	One Cook/cum care taker per NRC = Rs 5000 / month x 6 months x 2 NRCs		0.6	*0.51
v.	Attendant @ 2 / NRC = Rs. 5000/ month x 6 months x 4		1.2	1.02
4.	Training			
i.	SAM TOT			0.89
ii.	Monitoring cost			0.20
iii.	SAM - MO/SN			7.42
iv.	SAM - CHN/SHN/VHN			17.58
	Total			43.81

The State IMNCI cell, ICH, Egmore, designated Nodal Centre for implementing the Child Health activities along with the Core Group Committee, Child Health will provide technical support for the operationalisation of NRCs. The Health and Nutrition Staff, along with the Village Health Volunteers (both Tribal and Programme specific) in the districts of Dharmapuri and Perambalur will be oriented by the District training team and the PHC Medical Officers will be trained on NRC concept to identify and nutritionally grade the children and refer them for management at NRC and follow them up at their homes periodically. The staff requirement for the functioning of 10 bedded NRC each in the Pediatric Department of the Medical College Hospital at Dharmapuri district and District Head Quarters Hospital of Perambalur district is as follows:

S. No	Category	No. of Staff for 10 bedded Unit/ NRC	Mode of Appointment	Monthly contractual Salary
1	The Medical Officer	1	The existing Pediatrician in the Government Institution will be the NRC nodal person	-
2	Staff Nurse	4	Contract basis by DMS /Outsourcing by the PWS	Rs 7000/ month for 1 st year, Rs 7500 / month from 2 nd year and 8000/ month from 3 rd year onwards.
3	Nutrition Counselor with the B.Sc. (Nutrition) qualification and experience in Child Nutrition	1	Patient welfare society of the institution	Rs 15,000
4	Cook/cum care taker	1	outsourcing by PWS	Rs 5000/ month
5	Hospital worker (Multi purpose)	2	-do-	Rs 5000/ month

3. The Mission Director has also stated that the above proposal for placement of staff at these centres (DHQ, Perambalur and Medical College Hospital, Dharmapuri) has been placed as Agenda No 8 at 19th Executive Committee of State Health Society conducted on 14.6.2012 and the same has been approved. He has requested suitable Government orders for operationalisation of Nutritional Rehabilitation Centres.

4. The Government after careful consideration has decided to accept the above proposals of the Mission Director, State Health Society and issue the following orders:

- i. The Mission Director, State Health Society is permitted to establish one Nutrition Rehabilitation Centre each in the Pediatric Department of Dharmapuri Medical College Hospital and District Head Quarters Hospital, Perambalur in coordination with State IMNCI cell, ICH, Egmore Chennai-8.
- ii. Permission is accorded to disseminate the existing 2 Pediatricians (one Pediatrician each from the Pediatric department of Medical College Hospital, Dharmapuri and District Head Quarters Hospital, Perambalur) to be designated as the Nodal officer in charge of NRCs.
- iii. Sanction is accorded for placement of 8 Staff nurses in the NRCs at the rate of 4 Staff nurses to each Centre under NRHM on contract basis as detailed below:

Sl. No	No of contractual Posts	Monthly contractual salary	Mode of Placement
1	Staff nurses -8	Rs 7000/ month for 1st year, Rs 7500/month from 2nd year and 8000/ month from 3rd year onwards.	Contract basis by DMS / Outsourcing

iv. Permission is also accorded for placement of the following staff at Nutrition Rehabilitation Centres either on contract basis or through outsourcing:

Sl. No	Post	Monthly contractual Salary	Mode of Placement
1	Nutrition Counselor with Qualification as B.Sc Nutrition with experience in Child Nutrition (1 each at NRC)	Rs 15,000/ month	through Patient Welfare Society
2	Cook cum care taker - 2 (1 each at NRC)	Rs 5000/ month	through Patient Welfare Society
3	Multipurpose Worker - 4 (2 each at NRC)	Rs 5000/ month	

v. Permission is accorded to Mission Director, State Health Society to incur expenditure towards staff and related activities such as training, infrastructure and procurement from the funds allotted under Child Health- RCH Flexi pool.

5. This order issues with the concurrence of the Finance department vide its U.O. No.622A/JS(Dr.PU/2012, dated 15.11.2012.

(BY ORDER OF THE GOVERNOR)

J.RADHAKRISHNAN
SECRETARY TO GOVERNMENT

To

The Mission Director, State Health Society, Chennai - 6.
The Director of Medical Education, Chennai-10
The Director of Medical and Rural Health Services, Chennai-6.
The Principal Accountant General (A&E), Chennai-18. (2 copies)
The Accountant General (Audit), Chennai-35.

Copy to:

The Finance (Health-I) Department, Chennai-9.
The Dean, Dharmapuri Medical College Hospital, Dharmapuri.
The Joint Director of Medical and Rural Health Services, Perambalur.
SF / SC

//FORWARDED BY ORDER//

B. Jayalakshmi
SECTION OFFICER
Sd/-
24/12/12