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ABSTRACT

National Health Mission – State Health Society - National Program for Health Care of Elderly (NPHCE) – 385 posts of Physiotherapists through outsourcing to 385 Community Health Centres under National Program for Health Care of Elderly – Sanctioned - Orders - Issued.

Health and Family Welfare (EAP II-2) Department

G.O (Ms) No.437

Dated :01.10.2019

Vigari, Puratasi- 14

Thiruvalluvar Aandu 2050

Read:

1. G.O(Ms)No.373, Health and Family Welfare (EAP II-2) department, dated: 23.10.2017.
2. G.O(Ms)No.496, Health and Family Welfare(EAP II-2) department, dated: 24.10.2018.
3. G.O(Ms)No.566, Health and Family Welfare(EAP II-2) department, dated: 07.12.2018.
4. From the Mission Director, State Health Society Ref.No.11214 /SHS/ SNC/ 2016, Dated:14.01.2019.

ORDER:

In the Government Order 1st read above, among others, orders have been issued for establishment of Geriatric units in 31 Districts excluding Chennai District under National Health Mission and sanctioned human resource to the Geriatric units in five Government Medical College Hospitals at Madurai, Coimbatore, Tirunelveli, Salem and Trichy Districts.

2. In the Government Order 2nd read above, among others, sanction is accorded for Human Resources to Geriatric units in three Medical College Hospitals at Thanjavur, Villupuram and Vellore Districts.

3. In the Government Order 3rd read above, orders have been issued for sanction of Human Resources for the Geriatric Units in 26 Districts.

4. In the letter 4th read above, the Mission Director, State Health Society has stated that, based on the National Policy of Older Persons, 1999 which recommends strengthening and orienting the primary health care system to meet the health care needs of older persons, the National Health Mission Tamil Nadu in PIP 2019-20 had sought the approval of the Government of India for the implementation of National Program for Health Care of Elderly program in 385 Community Health Centres of the State and the Government of India in RoP 2019-20 had approved for the establishment of Geriatric Services at 385 Community Health Centres and sanctioned 385 posts of Physiotherapists for 385 Community Health Centres @ 1 Physiotherapist per Community Health Centres. Further, the Government of India sanctioned a sum of Rs.50,000/- per Community Health Centres as non-recurring expenditure for procurement of Physiotherapy equipment as a part of implementation of National Program for Health Care of Elderly program at Community Health Centres level in accordance with the operational guidelines of National Program for Health Care of Elderly. Since Physiotherapist posts are not available in 385 Community Health Centres of the State, the posts of Physiotherapists approved in RoP 2019-20 under National Program for Health Care of Elderly will immensely strengthen the primary health care system of the State. The Mission Director has also stated that, the following

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services are to be made available in 385 Community Health Centres as per National Program for Health Care of Elderly program guidelines:

- a. Dedicated Geriatric OP services for the elderly persons twice a week utilizing the existing Medical Officers at Community Health Centre.
- b. Medical Rehabilitation by Physiotherapist approved under National Program for Health Care of Elderly program at Community Health Centre level.
- c. Domiciliary visit by Physiotherapist for bed-ridden patients whenever necessary in coordination with 'Community Palliative Care Nurse' rationalized and placed.
- d. Referral to Geriatric Units at Medical College Hospital/ District Head Quarters Hospital for any further investigations and specialty treatment as per need.

5. The Mission Director has also mentioned the minimum package of services provided by the Physiotherapist at Institution (CHC) level and community level (during domiciliary visits) as follows:-

At Institution level (CHC):

1. Screening all for risk factors in balance impairments and lower extremity strength
2. ADL (Activities of Daily Living) assessment and scoring.
3. Provide muscle strengthening exercises for musculoskeletal complaints.
4. Relieve pain, swelling and inflammation
5. Gait training
6. Fall prevention programs
7. Management of the vascular or peripheral neuropathy complications
8. Reduction of Arthritic pain
9. To train the pelvic floor muscles to improve weakness for management of Urinary incontinence.
10. Take care of post-surgical complications like compartment syndrome.
11. Prescribe individualized exercise plan.
12. Preparation and implementation of health promotion / disease prevention strategies for NCDs
13. To actively participate in Geriatric OP in the Community Health Centres on Thursday and Saturday.

At Community level (during domiciliary/home visits):

1. Passive exercises for all joints for bed-ridden patients.
2. Stroke and Cardiac rehabilitation
3. Post- surgery rehabilitation (abdominal, CABG, Thoracic etc.)
4. Assist in early recovery of elderly with fracture/ trauma.
5. Upper limb/lower limb strengthening exercises
6. Chest physiotherapy including teaching breathing exercises esp. for COPD patients
7. Provide basic counseling services to patients and their care-givers.
8. Empower the primary caregivers by teaching basic physical therapy exercises.
9. ADL (Activities of Daily Living) assessment and scoring.
10. Gait training without assistive devices.
11. Cerebellar training including posture control, coordination control, fine movements
12. Sensory impairment training

Finally, the Mission Director, National Health Mission has stated that, the above proposal has been placed and approved in 37th Executive Committee meeting in agenda No. 39/37/19 and requested to issue necessary orders in this regard.

6. The Government, after careful examination, have decided to accept the proposal of the Mission Director, National Health Mission and accordingly issue the following orders:-

- (i) Permission is accorded to conduct the Geriatric OP for the elderly persons, twice a week (Thursday & Saturday) utilizing the existing Medical Officers and Staff Nurses in 385 Community Health Centres under the National Program for Health Care of Elderly.
- (ii) Sanction is accorded to 385 posts of Physiotherapists for 385 Community Health Centres @ 1 Physiotherapist per Community Health Centres at the pay of Rs.10,000/- p.m. through outsourcing, subject to condition to be recruited through outsourcing agency with 11 months contract period without an 'employer – employee' relationship, like all other contractual staff under National Health Mission.

Post	Qualification	Mode of Recruitment	Administrative control
385 Physiotherapist @ one Physiotherapist with Rs.10000/- per month.	Bachelor of Physiotherapy (BPT) from any recognized university.	Outsourcing of services by concerned Deputy Director of Health Services through District Health society with annual 5% increment as per National Health Mission norms.	Director of Public Health and Preventive Medicine

7. This order issue with the concurrence of the Finance Department vide its U.O.No.44993/Health-I/2019, dated:24.09.2019.

(BY ORDER OF THE GOVERNOR)

**BEELA RAJESH
SECRETARY TO GOVERNMENT**

~~To~~

The Mission Director, State Health Society, Chennai - 600 006.
The Director of Public Health and Preventive Medicine, Chennai – 600 006
The Accountant General, Chennai - 600 018.
The District Treasury Officer / Pay and Accounts Officer / Sub Treasury Officer, concerned.

Copy to:

The Special Personal Assistant to Hon'ble Minister (Health and Family Welfare), Chennai – 9.
The Finance (Health-I) Department, Chennai - 600 009.
Health and Family Welfare (Data Cell) Department, Chennai - 600 009.
Stock File / Spare Copy

//Forwarded by Order//

12.09.2019
At 10/19
SECTION OFFICER