



ABSTRACT

National Health Mission – State Health Society – Tamil Nadu – District Mental Health Programme Out Reach Satellite Psychiatric clinic under District Mental Health Programme – Post of Psychiatrist for 32 Districts – Sanctioned - Orders – Issued.

Health and Family Welfare (EAP II-2) Department

G.O(Ms) No.14

Dated :25.01.2019
Vilambi, Thai - 11
Thiruvalluvar Aandu 2049

Read:

From the Mission Director, State Health Society, Chennai-6 letter No. 6434/SHS/2018, dated: 08.06.2018.

ORDER:

In the letter read above, the Mission Director, State Health Society has stated that Indian Council of Medical Research study states that the Global disease burden for Mental illness is around 2.5 % in Tamil Nadu. District Mental Health programme (DMHP) is ongoing in all the 32 Districts of Tamil Nadu with various inputs from National Health Mission such as Infrastructure, Human Resources, Equipment, Drugs etc. The following Human Resources have been provided under District Mental Health Programme in each District – District Mental Health Team :-

S. No.	Name of the Cadre	No. of post per District
1	Psychiatrist	1
2	Clinical Psychologist	1
3	Psychiatric Social Worker	1
4	Psychiatric Nurse	1
5	Data Entry Operator cum Junior Assistant	1
6	Multipurpose Health Worker	1

2. The existing Psychiatrist at District headquarters hospital is carrying out both institution and outreach activities at Sub Divisional Hospital / Community Health Centre (SDH/CHC). Practically outreach services are not carried out. In order to improve the field activities, the availability of one psychiatrist exclusively to carry out community activities and conduct satellite clinics will result in increased detection and treatment and follow up of cases in the community. Hence a proposal to place one Psychiatrist in Satellite clinic in each district headquarters hospital who will visit Sub Divisional Hospital / Community Health Centre in rotation was included in

Programme Implementation Plan 2018-19 and approved in Record of Proceedings 2018-19 as follows:

Human Resources	No. of Posts Per Centre	Total No. of Posts for 32 Centres	Salary approved for Months	Unit cost Rs.	Total Amount Approved (in Lakhs)	Appointment through
Psychiatrist	1	32	12	60,000	2,30,40,000	MRB/ Transfer (Regular Time scale of Pay)

The duties, roles and responsibilities of the Outreach psychiatrist as detailed in the Annexure.

3. The above proposal has been approved by the Executive Committee.
4. The Mission Director, National Health Mission has therefore requested necessary orders in this regard.
5. After careful examination, the Government have decided to accept the proposal of Mission Director, State Health Society and accordingly issue the following orders:-
 - i. Sanction is accorded to create 32 post of Psychiatrist for the Satellite clinics (1 per District) in 32 Districts in Minimum Pay of Rs.56,100/- (Level 22 – Rs.56,100 – 1,77,500) and the posts shall be filled by Director of Medical and Rural Health Services through Medical Services Recruitment Board (MRB) under District Mental Health Programme (The Director of Medical and Rural Health Services is the cadre controlling authority of the post of psychiatrist).
 - ii. The Mission Director is permitted to remit the salary cost of Psychiatrist as approved by Government of India from time to time to the State Government account as per the existing procedure.
 - iii. The funds shall be remitted in to the following receipt head of account
 "0211-00-FamilyWelfare – 800 other Receipts – AN Receipts under National Rural Health Mission – 21 Receipts from Central Government 03 Health and Family Welfare"
 (DPC 0211 00 800 AN 2136)
 - iv. The post created under the regular time scale of pay in para 5 (i) shall be debited under the following head of account
 "2210 Medical and Public Health 06 Public Health – 101 Prevention and Control of Diseases – Central sector Schemes - ST District Mental Health Programme – 01 Salaries".
 (DPC 2210 06 101 ST 0104)
 - v. Chennai District Mental Health Programme shall be in liaison with Chennai Corporation in delivery services.

6. The expenditure sanctioned in para-5(i) above shall constitute an item of "New Instrument of Service" and the approval of Legislature will be obtained in due course. Pending approval of the Legislature, the expenditure may be initially met by drawal of an advance from the Contingency Fund. The Director of Medical and Rural Health Services is directed to apply for sanction of the same as advance from the Contingency Fund to Finance (BG.I) Department directly in Form A appended to the Tamil Nadu Contingency Fund Rules 1963 along with a copy of this order. Orders for sanction of an advance from the Contingency Fund will be issued from Finance (BG.I) Department. The Director of Medical and Rural Health Services is requested to send necessary explanatory notes to include the above expenditure in the Supplementary Estimates for the year 2018-19 to Finance (BG.I) Department at the appropriate time without fail.

7. This order issues with concurrence of Finance Department vide its C.No.66794/Health-I/dated:17.01.2019,U.O.No.2524/CMPC/2019, Dated:22.01.2019 and ASL No.2504 (Two thousand five hundred and four).

(BY ORDER OF THE GOVERNOR)

**J.RADHAKRISHNAN
PRINCIPAL SECRETARY TO GOVERNMENT**

To

The Mission Director, State Health Society, Chennai -600 006

The Director of Medical and Rural Health Services, Chennai – 600 006.

The Accountant General, Chennai-600 018.

The Pay and Accounts Officer, Madurai

The Pay and Accounts Officer, Chennai-600 035.

Copy to:

The Special Personal Assistant to Hon'ble Minister

(Health and Family Welfare Department), Chennai- 600 009.

The Finance (Health-1/BG-II/I/CMPC) Department, Chennai-600 009

✓ The Health and Family Welfare (Data Cell) Department, Chennai -600 009.
SF/Sc

//Forwarded by Order//


25-1-19
SECTION OFFICER

Annexure

S. No.	Name of the Post	Qualification Prescribed
1	Medical Officer (Psychiatrist)	A medical practitioner possessing a post-graduate degree or diploma in psychiatry awarded by an university recognised by the University Grants Commission established under the University Grants Commission Act, 1956, or awarded or recognised by the National Board of Examinations and included in the First Schedule to the Indian Medical Council Act, 1956, or recognised by the Medical Council of India, constituted under the Indian Medical Council Act, 1956, and includes, in relation to any State, any medical officer who having regard to his knowledge and experience in psychiatry, has been declared by the Government of that State to be a psychiatrist for the purposes of this Act;)

Roles and Responsibilities of Outreach Psychiatrist

The District Mental Health Programme Team shall conduct the following activities in their districts:-

- Fortnight visit to Central Prison / Sub jail of their respective district & Participate in the Rehabilitation camps organized by Department of Differently Able Welfare Office once in a week.
- Conducting Life Skills Education in Schools and Colleges at least once in a month.
- Co-ordinate with special clinic on Suicide prevention, De-addiction, Geriatric, Clinic, Child and Adolescent Clinic once in a week.
- Conducting Mobile Treatment Camp / Outreach Camps at SDH / CHC Primary Health Centre level in Rotation.
- Conducting assessment camps / psychiatric outpatient services at all the Day Care (MR / MI) and residential homes in the respective districts.
- Out Reach Psychiatrist should send their ATP and monthly report to District Psychiatrist, State Nodal Officer, National Health Mission.
- Out Reach Psychiatrist should conduct Satellite clinic in rotation to cover all PHC, CHC,SDH.

- To ensure the availability of drugs in all PHC,CHC's, SDH as per the essential drug list mentioned as below:

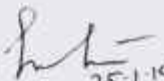
District Hospital		
1	Psychotic Disorder	T.Haloperidol 5 mg
		T.Risperidone 2mg
		T.olanzapine 5mg
		Inj.Fluphenazine 25 mg
		Inj.Haloperidol
		Inj.Risperidone*
2	Depressive Disorder	T.Immipramine 25 mg
		T.Escitalopram 10 mg
		C.Flouxetine 20 mg
3	Bipolar Disorder	T.Lithium carbonate 300mg
		T.Carbamazepine 200mg
		T.sodiumvalporate 500mg
		T.olanzapine 5mg
		Inj.Risperidone
4	Generalized Anxiety and sleep	T.Zolpidem 10 mg
		T.Promethazine 50 mg
		T.clonazepam 0.5 mg
		T.Lorazepam 1 mg
		Inj.Lorazepam
5	Obsessive compulsive disorder and panic attack	C.Flouxetine 20 mg
6	Epilepsy	T.sodiumvalporate 500mg
		T.Phenobarbitone 30,60mg
		T.Diphenylhydantoin 100 mg
		T.Carbamazepine 200mg
		Inj.Lorazepam
7	Miscellaneous -Extra Pyramidal Symptoms	T.Trihexyphenidyl 2 mg
		Inj.Promethazine 50 mg

PHC,CHC,SDH		
1	Psychotic Disorder	T.Haloperidol 5 mg
		T.Risperidone 2mg
		T.olanzapine 5mg
		Inj.Fluphenazine 25 mg
2	Depressive Disorder	T.Immipramine 25 mg
		T.Escitalopram 10 mg
3	Bipolar Disorder	T.olanzapine 5mg
4	Generalized Anxiety and sleep	T.Promethazine 50 mg
		T.clonazepam 0.5 mg
		T.Lorazepam 1 mg
		Inj.Lorazepam
5	Obsessive compulsive disorder and panic attack	C.Flouxetine 20 mg

6	Epilepsy	T.Phenobarbitone 30,60mg
		T.Diphenylhydantoin 100 mg
		Inj.Lorazepam
7	Miscellaneous -Extra Pyramidal Symptoms	T.Trihexyphenidyl 2 mg
		Inj.Promethazine 50 mg

J.RADHAKRISHNAN
PRINCIPAL SECRETARY TO GOVERNMENT

//True Copy//


25-1-19
SECTION OFFICER
